



Transforming Conflict Into Connection

*Respond to Tough Situations and
Difficult Conversations in a Way
That Increases the Chances of
Wonderful Results.*

Free WEAVE Workshop May 3, 2014
(Donations to WEAVE are welcome and will be matched)

About the Workshop – “You never...!”, “You always...!”, “You should...!” Do you say or hear these phrases when communicating with family members, friends, or co-workers? Are “buttons being pushed” and patience being tested? Disagreements and differences can be a part of life. Most of us haven’t been taught habits of communication that support real and lasting conflict resolution. Our typical response usually ends with someone giving in or giving up temporarily until the conflict reappears. Learn how your current “conflict habits” may be limiting you. Practice how to respond differently, transforming conflict into connection and creating results that make life more wonderful.



Christine Flaherty is a healthcare executive with 34 years of healthcare experience. She has completed over 500 hours of formal training in Nonviolent Communication (NVC), with a focus on conflict resolution. She is in the final phase of NVC Trainer certification by the Center for Nonviolent Communication. She has introduced NVC (under the name *Compassionate Communication*) into her healthcare organization by conducting training for managers and staff, conflict coaching for leaders and workplace conflict mediation for individuals and teams.

WHEN

**May 3, 2014
9:00 am – 12:00 pm**

WHERE

**WEAVE Conference Room
1900 K Street
Sacramento, CA 95811**

SPACE IS LIMITED

**RSVP by May 1st to:
WEAVE’s Front Office
916-448-2321**